



## **INYUNGU Z'UBUHINZI BW'IBITI BIVANG-WA N'IMYAKA**

Inyungu nyinshi zishobora kugaragara ku buryo bufatika cyangwa zikagaragara binyuze mu gushyira mu bikorwa neza ubuhinzi bw'ibiti bivangwa n'imyaka.

Ukurikije ibipimo fatizo bya Naturland, ikawa na kakao by'umwimerere bigomba guhingwa bivanzwe n'ibiti bivangwa n'imyaka bijyanye n'imiterere yahantu imirima iherereye, munsi y'ibiti by'icucu. Inyungu nyinshi zishobora kugaragara ku buryo bufatika cyangwa zikagaragara binyuze mu gushyira mu bikorwa neza ubuhinzi bw'ibiti bivangwa n'imyaka.

Guhinga ikawa muri iyi gahunda y'ubuhinzi bw'ibiti bivangwa n'imyaka bifite inyungu nyinshi z'ubukungu. Hari kandi n'inyungu ku muhinzi zituruka mu buhinzi bw'umwimerere, ndetse n'inyungu z ijyanye n'imibereho myiza y'abaturage ndetse n'umuco.

### **Inyungu z'ubukungu zituruka ku buhinzi bw'ibiti bivangwa n'imyaka**

#### **Gutera ibindi bihingwa byakoreshwa mu rugo**

Muri gahunda y'ubuhinzi bw'ibiti bivangwa n'imyaka, hari imyaka ihingana n'ibihingwa ngengabukungu. Ibi bihingwa bishobora gukoreshwa n'abahinzi n'imiryango yabo mu ngo zabo, bitanga indyo yuzuye irimo intungamubiri zitandukanye. Ubuhinzi bw'ibiti bivangwa n'imyaka bushobora kandi kuba isoko yizewe y'aho ibiryo byamatungo bituruka. Inkwi n'ibikoresho byo kubaka na byo bishobora kuva muri ubwo buhinzi, burimo amoko menshi y'ibiti bitanga umusaruro w'ingeri z'ibiti mu bihe bitandukanye by'umwaka

#### **Kugabanya amafaranga akoreshwa no kuba uftite kwigenga**

Kuba abona ibyo kurya, ibiryo byamatungo, inkwi n'ibikoresho byubwubatsi ku isambu ye, bituma umuhinzi agabanya amafaranga akoresha mu guhaha kuko adakeneye kugura ibyo bicuruzwa ku masoko yo mu karere. Ibi bituma kandi abaho adahungabanya n'hindagurika ry'ibiciro by'isoko. Bitewe n'inyungu zituruka mu buhinzi bw'umwimerere bwo kuvangwa ibiti n'imyaka, abahinzi baba-sha kubaho mu bwigenge noneho bakazigama amafaranga bagakoresheje mu gushaka inyongeramusaruro zituruka hanze (amafumbire, imiti yica udukoko).

## Kwinjiza amafaranga aturuka ahantu hatandukanye no kugabanya ibibazo

Usibye ibyo umuhinzi akenera gukoresha mu rugo rwe, mu buhinzi bw'ibiti bivangwa n'imyaka hatu ruka na none ibicuruzwa bishobora kugurishwa ku masoko yo mu karere, ibyo bikaba ubundi buryo bwo kwinjiza amafaranga. Umusaruro wabonetse mu buhinzi bw'ibiti bivangwa na kawa ugurishwa amafaranga menshi kuko uba waturutse mu buhinzi bw'umwimerere. Ibicuruzwa bimwe bishobora no gutunganywa n'abahinzi ndeste n'imiryango yabo kugirango bigurishwe byongerewe agaciro nk'amavuta meza, indodo, imbuto zitunganijiwe, n'ubukorikori buva mu biti. Bigabanya ibibazo by'ubukungu ku bahinzi kuko batagomba gushingira ku musaruro w'ibihingwa ngengabukungu bimwe n'izamuka ry'ibiciro ku isoko.



- |                                     |   |
|-------------------------------------|---|
| 1 Imbaho (Ubwubatsi, Inkwi, ...)    | 5 Indodo (imyenda, ibitambaro badodamo imyenda,...) |
| 2 Ibiryo byamatungo                 | 6 Ubuvuzi (Ibyatsi, ibishishwa by'ibiti,...)        |
| 3 Ibiribwa (Ibitoki, imikindo, ...) | 7 Ibyo gusasira (amababi, amashami,...)             |
| 4 Ngengabukungu (ikawa, ...)        |   |

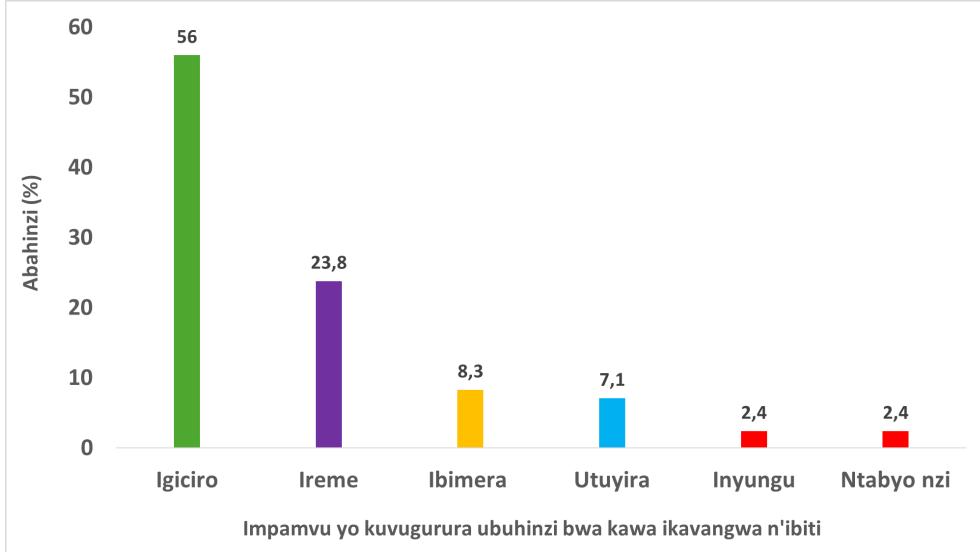
**Igishushanyo cya 1:** Urugero rw'ibicuruzwa bishobora gukoreshwa mu ngo cyangwa kugurishwa ku masoko yimbere mu gihugu.

## Kubona ibiciro biri hejuru kubera kawa nziza

Guhinga ikawa ivanzé n'ibiti bigira akamaro kenshi ku ireme n'ubwiza bya kawa.

Kawa yuje ubuziranenge igurishwa neza ku masoko yo hanze, bigatuma umusaruro w'abahinzi wi-yongera – imwe mu mpamu z'ingenzi ituma umuhinzi ku giti cye nawe yahindura uburyo bwo guhinga kawa akayivanga n'ibiti bivangwa n'imyaka.

## INYANDIKO-MFASHANYIGISHO Inyungu z'ubuhinzi bw'ibiti bivangwa n'imyaka



**Imbonerahamwe ya 1.** Mu Burundi, impamvu zo gukomeza ivugururwa ry'ubuhinzi bwa kawa ikavangwa n'ibiti bivangwa n'imyaka zatangiye hashyize imyaka irindwu (7). ifoto ya Ndi-hokubwayo na bagenzi be (2021)

### Ingaruka z'igicucu ku bihingwa bya kawa

Ibidi bitanga igicucu bituma igiti cy'ikawa kiba ahantu hakonje kandi heza. Bigabanya ibibazo ibiti bya kawabihura nabyo, bituma intete z'ikawa zera gahoro gahoro ndetse zikamera neza. Igit iyo cyeze gahoro gahoro bituma:

- kigira intete nyinshi kandi ziremerekere, bituma uburyohe n'impumuro byivanga ndetse biga fata igihe kirekire kugira ngo zibashe kugumana uburyohe bw'umwimerere
- ubusharire bwiyongera bitewe n'urugero ruri hejuru rw'umusemburo uturuka muri aside iva mu bimera. Ibyo binyabutabire bituma ikawa iba nziza cyane kandi ikagira n'impumuro nziza
- Igipimo cya kafeyine kigabanukaho gato

Igicucu mu buhinzi bw'ibiti bivangwa n'imyaka kigabanya ubushyuhe n'izuba. Kawa ya caniwe n'izuba ryinshi igihe kirekire izamura igipimo cya aside yitwa chlorogène, bigatuma ishyarira bikabije. Igicucu kigabanya ibyago by'uko imbuto z'ikawa zicwa nizuba, kuko bituma ikawa igira uburyohe n'impumuro bidakwiriye.

### Ibyiza by'ibiti bitanga igicucu

Ibidi mu buhinzi bw'ibiti bivangwa n'imyaka, bituma ubutaka bubona za mikorobe zitandukanye, harimo za bagiteri na mikorobi zituma ubutaka bukungahara. Ibi bituma ikawa ibona ingano y'intungabihingwa ikwiye, bigatuma ikawa irushaho kuba igisore no gutanga intete ziryohe.

Byongeye kandi, uwoko bw'ibiti by'igicucu bushobora kugira ingaruka ku buryohe bwa kawa, kubera ko ibyo biti bituma ikire kimerneza n'intungabihingwa ibiti bya kawa bikeneye biboneka mu buryo bwihariye.

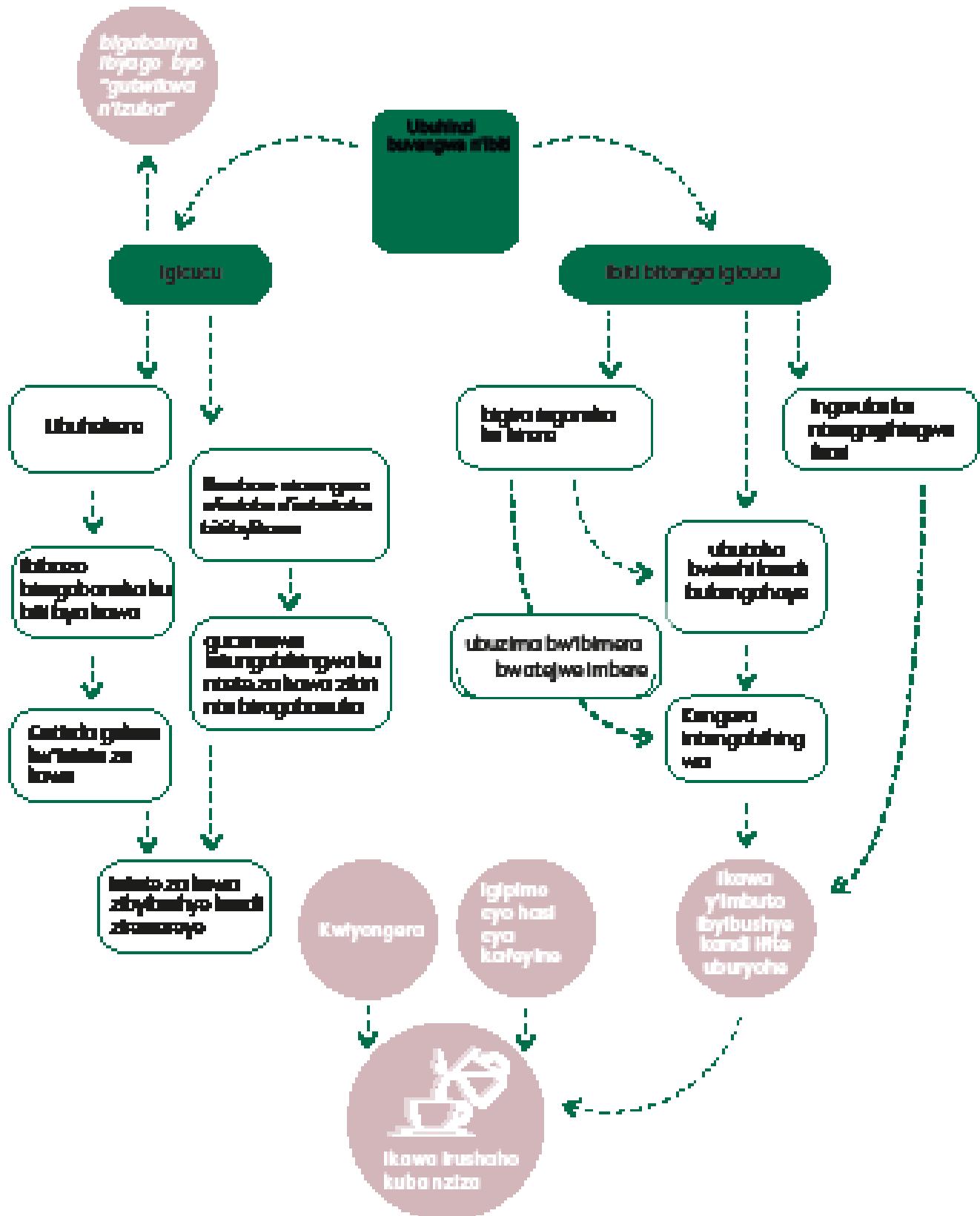
Uburyohe bwa kawa buratandukana biturutse ku bwoko bw'ibiti by'igicucu bishobora kuba gutuma kawa iryoha ariko mu buryo butandukanye. Urugero, igiti cyitwa gereveriya gishobora gutuma intete za kawa zigira ubusharire nk'ubwindimu.

### Kugabanya gucuranwa intungabihingwa

Kuvanga kawa n'ibiti bivangwa n'imyaka bigabanya umubare w'indabyo n'imbuto ku giti kimwe. Bituma kandi intete za kawa zigikeneye gukura zigabanya uburyo zicuranwa intungabihingwa, bikongera ubuziranenge bw'ikawa inyobwa.

## Kugabanya ibyago byo guhombo

Ibihingwa ngengabukungu ntibikunze guhura n'ibibazo by'ibidukikije bitewe n'uko birindwa imiraba nk'umuyaga n'imvura nyinshi. Muri ibyo bihe by'imihindagurikire y'ikirere, habaho igihombo gito.



**Igishushanyo cya 2.** Incamake y'ibiza byo kuvanga ibiti by'ikawa n'ibiti bivangwa n'imyaka kugira ngo irusheho kuba nziza

## Inyungu z'ubuhinzi bw'ibiti bivangwa n'imyaka ku kubungabunga ibidukikije

### Kubungabunga ubutaka

Ibiti bituma ubutaka burushaho kumera neza kandi bukaramba. Imizi myinshi y'ibiti ituma ubutaka buba hamwe, ihagarika isuri, kandi igatanga ingano nini y'ibibabi bituma ubutaka busubirana intungabihingwa. Ibiti ni byo bikingira umuyaga kandi bigenzura umuvuduko w'umuyaga, bityo bikagabanya isuri iterwa n'umuyaga. Igicucu cy'ibiti gishobora gukingira imvura, kikanagabanya ingaruka igira ku butaka, kandi kikanagabanya umuvuduko w'amazi atemba. Imizi yabyo ifata ibice bigize ubutaka, bigatuma ubutaka budahindagurika no kurinda ubutaka kwangizwa n'isuri.

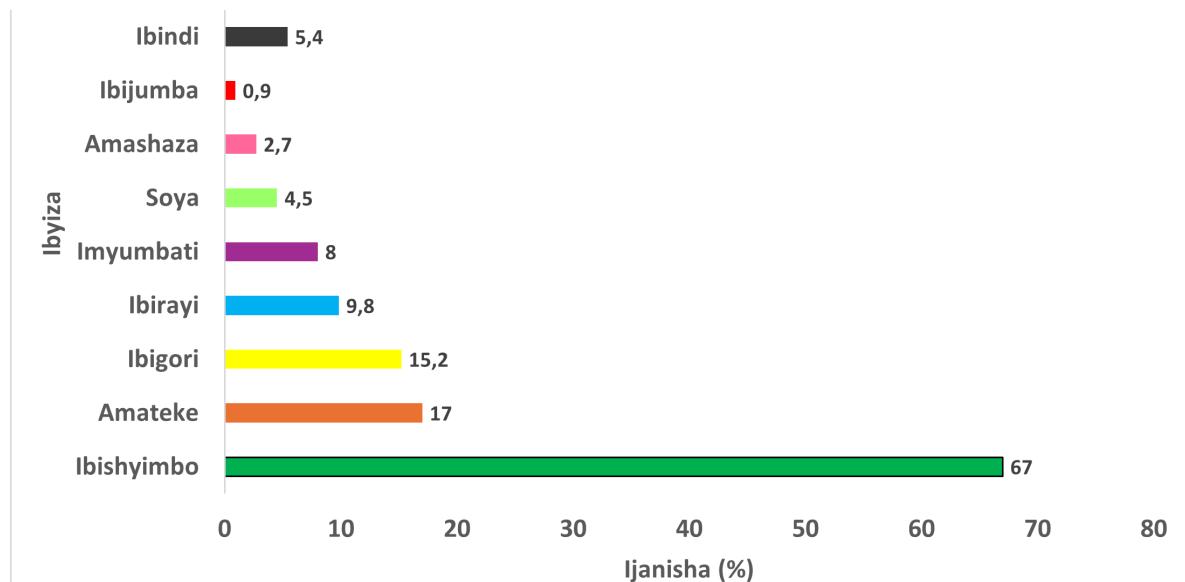
**Igishushanyo cya 3.** Imiterere y'imizi ifata ubutaka © Naturland e. V..



### Gukwirakwiza intungamubiri

Ibiti bikurura intungabihingwa mu butaka binyuze mu mizi yabyo maze ikayizana ku butaka. Izo ntungabihingwa ziba mu butaka ngo zikoreshwe n'ibihingwa. Amababi yumye, imizi n'ibindi bantu bituruka ku biti, na byo byongera intungabihingwa mu butaka. Ni muri ubwo buryo, hakomeza kubaho ikwirakwizwa ry'intungabihingwa.

Ibiti bimwe na bimwe bivangwa n'imyaka, cyane cyane ibiti by'ibinyamisogwe, bifite ubushobozzi bwo gukurura azote yo mu kirere binyuze mu mibanire myiza na bagiteri itunganya azote mu mizi yabyo. Ubu buryo butuma ubutaka bukungahara kuri azote, akaba ari intungabihingwa by'ingenzi ituma ibimera bikura. Ibihingwa bigirana umumaro hagati yabyo, byongera umusaruro kuko ubudaswa bw'ibihingwa butuma umusaruro wiyoungera.



**Imbonerahamwe ya 2.** Ibyiza by'ibiti by'igicucu bivangwa n'ikawa nk'uko byagargariye abahinzi 334 ubwo bavugururaga ubuhinzi bwa kawa bakayivanga n'ibiti bivangwa n'imyaka mu Burundi. ishusho bwite ya Ndihokubwayo na bagenzi be. (2021)

### Kubona ibitanga ifumbire y'imborera

Amababi yaguye, amashami, n'ibindi binyabuzima biva mu biti birabora, bigatuma ubutaka burus-haho kubamo ibinyabuzima n'intungabihingwa. Ibi binyabutabire byongererera ubwiza bw'imiterere y'ubutaka, ubushobozi bwo gufata amazi, kugumana ubuhehere no kugumana intungabihingwa, biganisha ku burumbuke bw'ubutaka.

### Icyo za mikorobe zikora

Ibiti ndetse n'ibibora bibiturukamo bituma ahantu biri hagira ikirere gifasha ibinyabuzima na mikorobi byo mu butaka. Ibi bikaba bikenewe kuko bifasha ibirundo ibyatsi bibora bikavamo intungabihingwa.

Igicucu gifatanyije n'ibinyabuzima bigabanya ubushyuhe bw'ubutaka bikarida ubutaka kwangiri-zwa n'imirasire y'izuba. Ibi nabyo ni iby'ingenzi ku mibereho ya za mikorobe zo mu butaka, kubera ko ubushyuhe bwinshi mu butaka bwangiriza butuma zipfa.

### Gukoresha neza amazi

Imizi y'ibiti ituma habaho imiyoboro n'inzira mu butaka, bigatuma amazi yinjira mu butaka mu buryo bworoshye. Bitewe n'imiterere myiza y'ubutaka, ibi byongera ubushobozi bw'ubutaka bwo kwinjiza amazi no kuyabika, bikagabanya amazi atemba ahubwo bikongea ingano y'amazi yo mu butaka. Nanone kandi, ibiti bikurura amazi avuye hasi mu butaka, mu gihe imvura yaba itagwa cyangwa amazi akaba adahagije. Igisenge cy'ibiti gitanga igicucu, bigatuma umwuka utumuka uva mu butaka uba mucye ndetse n'uburyo ubutaka butakaza ubuhehere bigabanuka. Ibi bigabanya amazi akenewe ku bilingwa, kuko umwuka utumuka uva mu butaka uba ari mucye.

### Kuvugurura ubutaka

Ubuhinzi bw'ibiti bivangwa n'imyaka bushobora kuvugurura ubutaka bwabaye bubi hakoreshejwe ubwoko bw'ibiti byabugenewe. Ubuhinzi bw'ibiti bivangwa n'imyaka bushobora kandi kugabanya uburozi buri mu butaka buriho nka saline na aside no guhora bigenzurwa

### Gufasha kugenzura no gukurikirana Indwara n'ibonyi

Kubera ko abahinzi bohora mu mirima yabo basarura ibihingwa biba byaravanzwe na kawa, kandi kubera ko umurima uba ufite igicucu, haba ari ahantu heza cyane, bashobora kugenzura neza kandi hakiri kare udukoko n'ibyonnyi bagashyiraho ingamba zo kurwanya udukoko n'indwara mbere y'uko bikwirakwira hose.

Ubucucike bw'ibiti byiza butuma ibyatsi bibi bidakura. Ubwoko bwinshi bw'ibiti bivangwa n'imyaka ni ubutumi bw'inyamabere ntoya, ibikururuka hasi, n'nyoni bikarya udukoko twangiza cyangwa du-tera indwara. Urusobe rw'ibinyabuzima byinshi bigabanya ibyago byo gukwirakwiza no kwanduza udukoko n'indwara.

biti bivangwa n'imyaka



## 2014

Mu 2014 Ntabwo bavangaga kawa n'ibihingwa cyangwa n'ibiti bitanga igicucu. Hari ibi-bazo bikomeye by'udukoko twitwa udusurira. Abahinzi ntabwo bamaraga igihe kinini mu mirima yabo.



## 2018

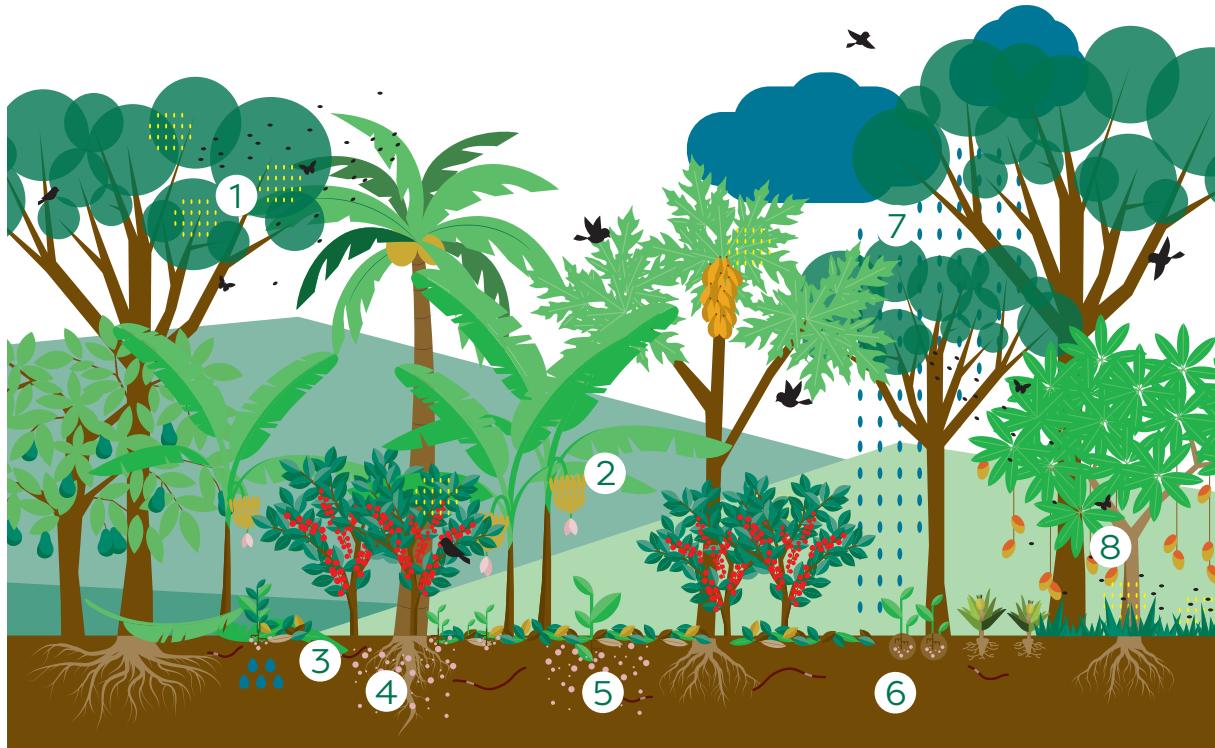
Mu 2018 Abahinzi batangiye kumara igihe kinini mu mirima yabo kandi barushijeho kunoza uburyo bwo gucunga imirima yabo no kugenzura udukoko dутera indwara.



## 2022

Abahinzi bamara igihe kinini mu mirima yabo kuko bashobora gusarura ibindi bihingwa. Gu-kurikirana udusurira byagenze neza cyane. Kuko bakoresha umuti wica udukoko dukomoka kuri Neem iyo udusurira tugaragaye.

**Amashusho 4, 5 na 6.** Uko ubuhinzi bw'ikawa kuva mu 2014 bwagiye butera imbere (bihereye mu kuvugurura ubuhinzi bwa kawa bukavangwa n'ibiti bivangwa n'imyaka) kugeza mu 2022 muri COCOCA, Burundi © Naturland e. V.



**1** Gutezimbere urusobe rw'ibimera bigizwe n'amoko atandukanye, ndetse no gukurura udu-simba dutuma haba kubangurira nk'inzuki n'ibinyugunyugu

**2** Gutanga igicucu kigabanya imvura n'ubushyu-he byinshi ku bihingwa, inyamaswa, no ku bahinzi.

**3** Imiterere myiza y'ubutaka butwikiriwe n'ibinyabuzima bigabanya isuri, bigatuma amazi yinjira mu butaka.

**4** Kongera intungagihingwa ku bihingwa bite-we n'uburyo imizi ishora kure cyane ndetse n'ibiti bikurura azote mu kirere, bigatuma ubutaka budatwarwa n'isuri kubera uburyo imizi ari miremire.

**5** Kongera ibikorwa by'ibinyabuzima mu kugabanya ubushyuhe bw'ubutaka, bituma ibibora bituruka kubiti biba ubuturo n'ibiryo by'udukoko n'ibinyabuzima bitandukanye

**6** Bituma ubutaka bugira imiterere myiza, bukagumana ubuhehere ndetse bukagira n'ubushobozzi bwo kugumana intungagihing-wa

**7** Kurinda umuyaga, izuba n'imvura nyinshi, kugabanya umuvuduko w'amazi atemba, isuri no gutakaza amazi binyuze mu mwuka utumuka bitewe n'ubushyuhe n'izuba ryinshi.

**8** Gutanga aho gutura inshuti z'abahinzi zirya udukoko no kwirinda gukwirakwira kw'indwara

**Igishushanyo cya 7.** Incamake y'inyungu z'ubuhinzi-bw'umwimerere mu buryo bw'ibiti bivangwa n'imyaka

## Inyungu ku rwego rw'imibereho n'umuco

### Bifasha abaturage

Ubuhinzi bw'ibiti bivangwa n'imyaka byongera umusaruro w'ibiribwa gakondo birushaho kuba byiza binyuze mu gutanga imbuto zitandukanye, imboga, imbuto n'ibikomoka ku matungo, bigatumaabantu babona ibyokurya bifite akamaro mu rwego no mu muco wabo. Bifasha mu kubungabunga ubumenyi n'imikorere gakondo mu buhinzi, bigaha ubushobozi abaturage bagashyira muri ghunda zabo ibyo bakeneye n'ibyo bifuza mu igenamigambi ryo guteza imbere gahunda y'ubuhinzi bw'ibiti bivangwa n'imyaka, bibaha ububasha bwo gufata ibyemezo ku butaka n'umutungo byabo

### Bitanga amahirwe y'akazi

Ubuhinzi bw'ibiti bivangwa n'imyaka butanga amahirwe y'akazi ku baturage mu byiciro bitandukanye by'ubuhinzi, nko gutera, gusarura no gutunganya ibikomoka ku buhinzi bw'ibiti bivangwa n'imyaka bitari ibihingwa ngengabukungu.



### Kubungabunga ejo hazaza

Ubuhinzi bw'ibiti bivangwa n'imyaka butuma habaho kubungabunga umutungo kamere w'ighugu nk'urusobe rw'ibinyabuzima birindwa gupfa ubusa ku bisekuru bizaza binyuze mu kongera urusobe rw'ibinyabuzima. Mu buhinzi bw'ibiti bivangwa n'imyaka inyoni zishobora kuboneka zikubye incuro 2,5 iziba mu mirima ya kawa ihingwa mu buryo busanzwe.



### Ubwiza bukurura

Guteza imbere ubwiza n'imiterere y'ahantu n'ibidukikije byuzuye urusobe rw'ibinyabuzima byongera uburanga butuma abantu bifuza kuza kuhakorera, bigakurura ba mukerarugendo ndetse hakaba n'ibikorwa by'imyidagaduro binyuze mu kurema ubwiza bw'ahantu n'ibidukikije byuzuye urusobe rw'ibinyabuzima.

**Ifoto 8 & 9.** Imirima ibiri yikawa ©  
Naturland e. V.

## Inyungu z'ubuhinzi bw'ibiti bivangwa n'imyaka ku rwego rw'ibidukikije

### Kugenzura imyuka ihumanya ikirere

Ibiti byatewe muri gahunda y'ubuhinzi bw'ibiti bivangwa n'imyaka bishobora gufasha gufata karuboni yo mu kirere no kuyishyira mu butaka bwo hasi cyane bikagira uruhare mu gufata karuboni yo mu kirere bityo bigafasha mu guhangana n'imihindagurikire y'ibihe.

### Kugabanya ingaruka z'imihindagurikire y'ikirere

Ingaruka mbi zigenda ziyongera ziterwa n'ihindagurika ry'ibihe nk'имвуra idasanzwe, amapfa, in

.kangu, imiyaga ikaze n'ibindi, bishobora kugira ingaruka zikomeye ku buhinzi, ku bantu no ku nya-maswa. Ubuhiini bw'ibiti bivangwa n'imyaka bushobora gufasha kugabanya izi ngaruka mu buryo butandukanye, urugero; ibiti bigabanya umuvuduko w'umuyanga bishobora gukingira umuyaga ukomeye ibihingwa ngengabukungu, kandi ibiti byatewe ku misozi bishobora gufata ubutaka n'imizi yabyo bigakumira inkangu.

### Guteza imbere ubuziranenge bw'umwuka n'amazi

Ibiti bishobora kwakira imyuka ihumanya ikitere kandi bikagabanya ihumana ry'umwuka bituma n'umwuka wo mu kirere uba mwiza. Birinda ingaruka ziterwa n'ibinyabutabire bimanuka mu mazi

### Incamake

Ubuhiini bw'ibiti bivangwa n'imyaka buzamura imibereho myiza y'abahinzi n'imiryango yabo binyuze mu gutanga inyungu z'ubukungu zishobora gufasha mu myubakire, mu bworozzi no mu burezi bw'abana. Nanone kandi, bigira ingaruka zikomeye ku bidukikije kuko bituma ubutaka burushaho kware n'ubwinshi bw'urusobe rw'ibinyabuzima, kandi bigatuma imirima irushaho kuba myiza ku bisekuru bizaza. Nk'uburyo bwuzuye bwo guhinga, ubuhinzi bw'ibiti bivangwa n'imyaka butanga icyizere cy'imiryango itekanye mu buryo burambye n'ejio hazaza.

Itariki yavugurwe bwa nyuma: 08/2024.

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### Amashusho & Imbonerahamwe

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- Amashusho yose: © Naturland - Verband für ökologischen Landbau e. V.

Naturland ishyira mu bikorwa umushinga wa "Partner Africa" ku bufatanye na ROAM (Rwanda Organic Agriculture Movement), hibandwa cyane ku itsinda ry'abagore Ejo Heza muri koperative KOPAKAMA (akarere ka Karongi, Rwanda).

